Class 3rd How I Spend My Day Worksheet - 2

Ques 1: Complete the chart: 10 Marks

I have lunch	I have breakfast	I go to school
I go to bed	I have a shower	I get up
		at
9 8 7 6 3 4	5	at
10 12 12 9 3 8 2 5 4		at
11 12 1 12 1 12 1 13 3 14 4 17 6 5		at
11 12 1 9 3 8 7 6 5		at
9 3-1		at

Ques 2: Write any 5 good habits we should follow in our daily routine: **5 Marks**

1			
2			
3.			
4.			
5.			

Ques 3: Answer the following: 10 Marks

- 1. When should we brush our teeth?
- 2. How regularly should we trim our nails and why is it so important?
- 3. How should we get ready for school?
- 4. Why should we eat a healthy breakfast?
