

**Chapter – 11**  
**How food reaches us**  
**Worksheet – 2**

**Q.1 Fill in the blanks:**

1. Farmer sprays \_\_\_\_\_ and \_\_\_\_\_ on the crops to protect it.
2. Once the crops are ready, they are \_\_\_\_\_.
3. After harvesting, they are \_\_\_\_\_.
4. Food products that get spoiled are kept in \_\_\_\_\_.
5. Grains are packed in \_\_\_\_\_ bags.

**Q.2 True false:**

1. Rice is the most commonly used cereal around the world.
2. Pulses are rich in carbohydrates.
3. Nuts are rich in proteins.
4. Spices are used to add flavour and taste to the food.
5. Rice grows well in cool and moist regions, while wheat grows in hot and humid regions.

**Q.3 Subjective questions:**

1. What is mandi?
2. What are cereals? Give examples.
3. What are body-building foods? Give examples.
4. How do we obtain oil?
5. What are spices? How are they obtained?