Chapter - 11

Food-Storage & Shortage

Worksheet - 1

Q.1 Fill	in	the	\mathbf{b}	lanl	ks:
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1.	 Food gets spoilt because it 									the water present in the						
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- 2. Water dissolves the food and often results in disease causing
- 3. Food that gets spoilt very fast is known as _____ food.
- 4. Eating spoilt food results in ______.5. Cereals are examples of ______ foods.

O.2 True false:

- 1. The taste and nutritional value of food is maintained by food preservation.
- 2. Dehydration means removing water or moisture from food.
- 3. By reducing water content in food, food cannot last much longer.
- 4. Microorganisms cannot grow without water.
- 5. One should eat spoilt food.

Q.3 Subjective questions:

- 1. Enlist reasons behind food spoilage.
- 2. Why does food get spoilt?
- 3. What changes occur when food gets spoiled?
- 4. What is food preservation?
- 5. What happens if you eat spoilt food?