

**Chapter - 13**  
**Digestion of Food**  
**Worksheet – 1**

**Q.1 Fill in the blanks:**

1. The \_\_\_\_\_ that we eat consists of complex substances.
2. These \_\_\_\_\_ substances have to be broken down into simpler substance.
3. Process of breaking down of complex substances of food into simpler substances is called \_\_\_\_\_.
4. The process of digestion starts in the \_\_\_\_\_.
5. The \_\_\_\_\_ is a watery fluid secreted in mouth.

**Q.2 True false:**

1. Food in complex state can be used by our body.
2. Saliva moistens the food.
3. The saliva contains enzyme which breakdown proteins present in the food into sugar.
4. There are taste buds present all over the tongue, which help us to taste things.
5. The walls of the stomach secrete digestive juices containing enzymes.

**Q.3 Subjective questions:**

1. Define digestion.
2. What are the four types of teeth?
3. What is the functional role of taste buds?
4. What role does stomach play in digesting food?
5. What are enzymes?