

**Chapter -3**  
**Games**  
**Worksheet – 3**

**Q.1 Fill in the blanks:**

1. Games teach us \_\_\_\_\_.
2. Games develop spirit of \_\_\_\_\_ in us.
3. Games keep us physically and \_\_\_\_\_ fit.
4. National sports day is celebrated on \_\_\_\_\_.
5. National game of India is \_\_\_\_\_.

**Q.2 True false:**

1. Players should not play for their team with a common aim to compete and win against their opponents.
2. Players of a team should not fight with each other
3. Players should be disciplined and respectful towards each other.
4. Every player should not have the right to present his or her opinion.
5. We should prefer watching TV and playing video games instead of doing a physical activity.

**Q.3 Subjective questions:**

1. What rules should be followed to sustain the team spirit?
2. Who is the most successful captains of Indian cricket team?
3. What were the traditional games of India? Write their names.
4. How do people use their leisure time in earlier days?

5. What change can be observed now in context with utilization of leisure time?
6. Describe any 2 games of your choice.
7. What is meant by rules in a game?
8. What is the role of captain of team?

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