

**Chapter- 6**  
**Worksheet-1**

1. The stage when the menstrual cycle stops is called \_\_\_\_\_.
2. The \_\_\_\_\_ gland helps in controlling the production of both testosterone and estrogen hormones.
3. Diabetes is caused due to the deficiency of \_\_\_\_\_ in the body.
4. \_\_\_\_\_ is caused due to deficiency of thyroxine hormone.
5. Larynx is called
  - (a) music box
  - (b) voice box
  - (c) respiratory organ
  - (d) sound box
6. Most adolescents attain their maximum height around the age of
  - (a) 22 – 25 years
  - (b) 13 – 15 years
  - (c) 11 – 12 years
  - (d) 18 – 19 years
7. Initially girls grow
  - (a) slower than boys
  - (b) faster than boys
  - (c) both of these
  - (d) none of these

8. The female hormone is called

- (a) estrogen
- (b) testosterone
- (c) adrenaline
- (d) none of these

9. The number of sex chromosomes are

- (a) three
- (b) two
- (c) four
- (d) none of these

10. The age of menopause stage is

- (a) 45 to 50 years
- (b) 10-12 years
- (c) 20 to 35 years
- (d) none of these

11. Name the causative organism of AIDS.

12. Write down 2 myths which are prevalent in our society with respect to reproduction.

13. Chips and packed or tinned snacks, though very tasty should never replace regular meals. Why?

14. Define health.

15. What is metamorphosis? Name the hormone responsible for metamorphosis in insects.

16. The belief that the mother is responsible for the sex of her baby is completely wrong and to blame her for this is totally unjustified. Do you agree? Justify your answer.

17. What are the stages of menstrual cycle?

18. Why do we see the development of breasts at puberty?

19. What are the secondary sexual characters seen in girls at puberty?

20. Explain sex determination in human.

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