

**Chapter-1**  
**Worksheet-1**

**Choose the correct option:**

1. Constitution of a nation contains:
  - (a) Rules
  - (b) Laws
  - (c) Both (a) and (b)
  - (d) None of these
  
2. What refers to a goal or a principle in its most excellent or perfect form?
  - (a) Arbitrary
  - (b) Ideal
  - (c) Polity
  - (d) None of these
  
3. By which time had the nationalist movement gained momentum?
  - (a) Beginning of 20th century
  - (b) Middle of 20th century
  - (c) End of 20th century
  - (d) None of these
  
4. When did the King of Nepal finally take over as the head of government?
  - (a) February, 2002
  - (b) February, 2005
  - (c) February, 2007
  - (d) April, 2003
  
5. State governments have authority to make rules on subjects of
  - (a) Asian concern
  - (b) National concern
  - (c) Both of these
  - (d) None of these
  
6. Who has a role to play in formation of government under Universal Adult Suffrage?
  - (a) All adult Indians
  - (b) Only males
  - (c) All children
  - (d) None of these

7. What kind of role citizens of India play in electing representatives?
  - (a) Indirect
  - (b) No Role
  - (c) Direct
  - (d) Submissive
8. The Indian Constitution was written by Mohandas Karamchand Gandhi. State whether true or false.
9. Nepal adopted an Interim Constitution in 2007. State whether true or false.
10. James Mill divided Indian history into three periods—Hindu, Muslim, Christian. State whether true or false.

**Answer the following Questions.**

11. When and for what the constituent assembly was formed?
12. In which session of national Congress the demand for a constituent assembly was made? Who was the first president of the constituent assembly?
13. Why the constitution is so important for a country?
14. How Nepal got its own constitution?
15. What is democracy? Why democracy is important for India?
16. Why the constitution is important for a democratic country?
17. Why Indian leaders wanted to have a constitution of their own? How it was written?
18. Describe the journey of the people of Nepal towards democracy?
19. What are the main purposes of a constitution?
20. How does the constitution protect us from different aspects?